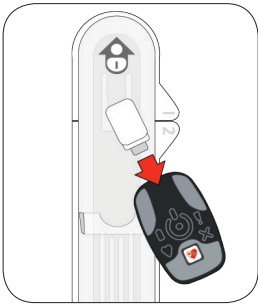


miniHolter^{max}

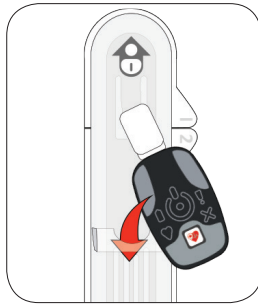
STEP 1: Prepare your Skin

1. If needed, remove any chest hair in the areas where the patch will be placed (see FIG 1).
2. Clean your chest with soap and water then dry thoroughly.

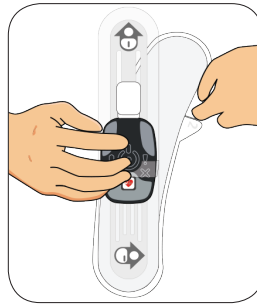
STEP 2: Connect the Monitor



1. Remove patch from packaging. Connect cable to monitor.



2. Slide the monitor into clear plastic dock.

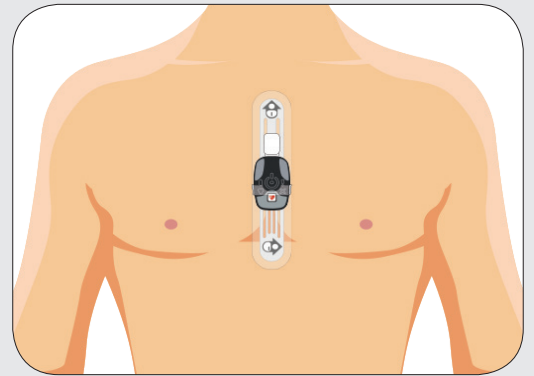


3. Remove plastic lining (tab 1 & 2) attach patch to your skin as per diagram (FIG 1).



Turn monitor on: Press sensor button once (FIG 2). A **green** light will blink. The sensor is now recording.

FIG 1. Position & Placement



Patch Placement: Center of your chest along the middle of your breastbone (sternum).



Showering Instructions:

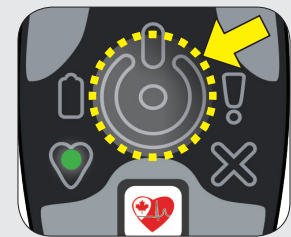
Face away from the shower head and shield the device with a cloth or your hand while showering. **Do not swim or take baths while wearing this device.**

STEP 3: Record your Symptoms

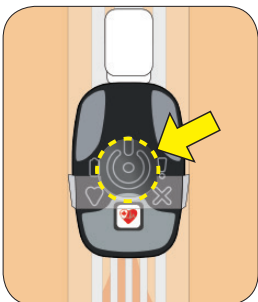
If you experience any symptoms record them in the **Patient Diary** (on reverse). Write down the symptom, the activity (ie: exercising, resting, etc.), the date and time of each event.

This is important in assisting your physician in understanding your symptoms.

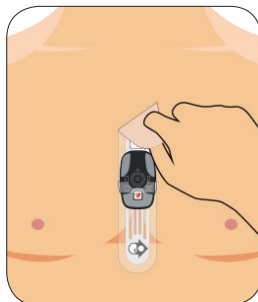
FIG 2. Sensor Button



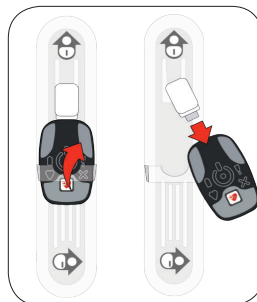
STEP 4: Remove and Return Package



1. Hold the sensor button until the monitor beeps three times.



2. Start at one end and gently pull the patch away from your body.



3. Disconnect the monitor from the patch. Dispose of used patch.



4. Place monitor, patient diary and all other accessories into provided box. Return package as instructed by your health care provider.

min*iHolter* max™[illegible]